



Website: <https://churchofchrist20keam.co.za/>
 Facebook: Church of Christ Keam rd
 Leadership: Braam Le Roux - 072 195 6104
 Mike Baisley - 083 500 7271

SUNDAY TIMES:
BIBLE STUDIES: 09H00
WORSHIP: 10H00 TO 11H00
19 JULY 2026

Preacher: Chris du Preez
Sermon Topic: "Jesus, The Great Physician"
Scripture Reading: Matthew 9: 20 - 22
Text: Matthew 9: 12

SUNDAY BIBLE STUDY - 9 a.m.

We encourage everyone to attend the morning Bible Study classes, as we study the book of Acts. Johan is facilitating the class. Please join us during this time of learning God's Word. Continue reading through Acts!

Song Leader: Mike Baisley **Scripture Reading:** Mike Baisley
Opening Prayer: Jan Roberts **Lord's Table:** Ray Calder
Closing Prayer: Johan Smulders **Attendance last Sunday:** 43
Servers: Mike, Jan, Ray & Johan.

Last Sunday morning we were encouraged to read the Book of Psalms and so we share with you the following article written by Doy Moyer.
 (edited) – Vestavia Church of Christ.

The Psalms

The Psalms are rich in theology and doctrine. These are songs and prayers that are filled with covenant concepts. The psalmist, for example, sees the beauty of the covenant when contrasted with what the world offered outside the covenant.

Psalm 1, for example, shows this contrast:

How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! But his delight is in the law of the Lord, and in His law, he meditates day and night. He will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does, he prospers.

This way of thinking is found throughout the Psalms. God is seen as sovereign, the Almighty Creator who showed His loving kindness toward Israel in making them a people through whom He would fulfill His promises to Abraham. Then, in contrast to God and His greatness, the lowliness of the human condition is seen as well. Note, for example, Psalm 8: 3 - 5:

When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained; what is man that You take thought of him, and the son of man that You care for him? Yet You have made him a little lower than God, and You crown him with glory and majesty!

God takes what appears to be weak and makes it strong. This is a major theme of Scripture overall, and the Psalms show this theme time and again.

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LADIES' BIBLE STUDY

The Bible Study classes will resume again this coming Wednesday morning at 10am.

CONDOLENCES

Please remember the Harper family as they grieve the passing on of Alfie, a loving father, grandfather and father-in-law. Our sincere condolences to the family.

PRAYER REQUESTS

Let us lay the burdens, needs, health issues and anxious minds of our congregation at our Lord's feet in prayer, as well as for trust with the things we cannot control. We think too of those who are grieving and pray for comfort. Let us never omit to thank our God for the daily blessings and for His constant love and grace. James 5: 16: *"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."*

BENEVOLENCE PARCELS

These will be packed soon. We ask you to please bring your donations as soon as possible.

Isaiah 58: 10: *"If you spend yourselves on behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness and your night will become like the noonday."*

TEA & BISCUITS NEXT SUNDAY

Please stay after worship and enjoy tea & biscuits next Sunday morning, while having fellowship with one another. Ladies on duty are Erika and Louise.



**BE STRONG, AND
LET YOUR HEART
TAKE COURAGE,
ALL YOU WHO
WAIT FOR THE
LORD!**

Psalms 31:24

How can I apply Psalm 28: 7 to my life?

The Lord is my strength and my shield; my heart trusts in Him, and He helps me. My heart leaps for joy, and with my song I praise Him.

- “God, be my strength when I am weak.”
- “Be my shield when I am exposed.”
- “Help me to trust in You for help.”
- “And let my heart respond with joy and praise.”

(Continued)

The Psalms are also often seen in two great categories: psalms of praise and psalms of lament. On the one hand, God is lifted up in praise and adoration. Yet the expressions of lament are throughout and give us the heart of the sufferer. These demonstrate that prayer is not about saying a certain formula. We are to praise God, but we can also pour out our hearts to Him. When we don't understand why, when we feel abandoned, when we are on the verge of doubt, when we feel that the world is against us, the Psalms speak to all of these and help us express ourselves to God.

Throughout the various types of Psalms and themes, we also find consistent foreshadowing of the Messiah. Jesus taught that the entire Old Testament pointed to him, and the Psalms are a significant part of this (see [Luke 24: 44 - 45](#)). For example, in Psalm 22 we see the righteous sufferer being mocked, abused, and yet ultimately victorious. Jesus quoted from this Psalm while on the cross.

In Psalm 110 we see the beauty of the kingly priest who serves after the order of Melchizedek ([Heb. 5 - 7](#)). In Psalm 2 we have glimpses of God's great King who proclaims victory over those who have tried to fight against Him. Over and again, we find that the Psalms are fulfilled in Jesus, and this helps Christians today see the value and applications of this great prayerbook and hymnal.

We need to read, study and reflect upon the Psalms, because not only will we find the attitudes and issues that we see in ourselves, we will also find God. We will find Christ Jesus our Lord. This, in turn, will help us better understand and enjoy the beauty of the relationship we have with our Creator.

Bulletin compiled by: Charmaine Bailey

✉ – ccbailey@telkomsa.net

☎ - 073 204 7577